



# Annual Report

## 2023-24



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## Presidential Message

I am truly honored to address you as we gather to celebrate the remarkable achievements and unwavering dedication of our non-governmental organization Humanity Foundation on this special occasion. It is with great pride and optimism that I convey my message to you today. Further, estimates from the World Health Organization indicate that 90% of all those affected by visual impairment live in the poorest countries of the world. India is home to more than one-fifth of the world's visually impaired people. Thus, in order to ensure that poverty does not affect or act as a hindrance in the growth and development of a disabled person, we work on providing support to the underprivileged children from different parts of the country who are financially weak so that they can get access of all resources that contribute to the success in their lives. Our accomplishments throughout the journey became possible by the continuous and on-going support of our Sponsors, Donors, Trusts and Foundations as well as the Individual Donors. Special mention to the group of focused and committed volunteers visiting our blind home from time to time and providing their services by way of teaching, reading and recording books and other study materials for our visually impaired students. I am pleased to present the Annual Report of the Humanity Foundation Organization, New Delhi for the year 2023-24. We would thereby like to extend our sincere gratitude to all the stakeholders for their valuable contributions and continuous support to our organization and helping us achieve our goal to empower differently abled sections of the society.

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## WHAT WE DO?

- Humanity Foundation is a registered voluntary, non- profit, national level organization rendering social service.
- It has been dedicated to work for the underprivileged and physically challenged people In Delhi since 2003.
- Humanity Foundation is committed to provide free accommodation, Food, Medical care, Vocational training and Computer training etc. to the visually impaired students.
- The organization caters the needs of visually impaired, specially abled and other destitute children in the field of education, health care etc.



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## OUR MISSION

- Work as a catalyst in bringing sustainable change in the life of differently abled adults and children with a lifecycle approach to development.
- To tap talent from people with disability and utilize skills and ability they possess to enable them to integrate with the modern society.
- Enable the civil society across the country to engage proactively in the change process through the philosophy of civic driven change.

“Optimism is the faith that leads to achievement. Nothing can be done without Hope and Confidence”

- **Helen Keller**

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## OUR VISION

- Our Vision is to identify, liberate, rehabilitate and develop the physically challenged persons from every strata of society through individual, group and community participation.
  - We envision to grow our reach to many life, providing comprehensive solutions to the specially abled persons.
  - We aim at an inclusive society free from discrimination where persons with disabilities become contributing members, living with dignity and respect.
- “We envision to grow our reach from 165 to 300 lives by 2025, providing comprehensive solutions to the specially- abled persons.”

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## **Key Highlights**

### **Quarter 1 (April 2023 – June 2023)**

The Jain Social Welfare Association organized a function on the occasion of Mahaveer Jayanti. Honorable MLA Mr. Somnath Bharti came and met our student's and Munni Jee gave a motivating speech for living a good life and spread awareness on topics diet and spirituality. Students appreciated the session and were able to draw learnings for their lives. We received desktop for the support of visually impaired and physically challenged students.

The dinner was served to divyang youth at the jagran and the students were enjoying the food. Lack of Menstrual Hygiene management is a major problem for majority of the girls skipping schools during their periods and eventually dropping out at an early age and missing out on their education. It hinder their growth of the life.

Our organization organized an event for the students in which we distributed eatables and stationary items like Notebook, Pencil and Eraser etc. It leads to the growth of the children via learning by innovative and creative process. The volunteer at our organization help to these students and guide them towards their career.





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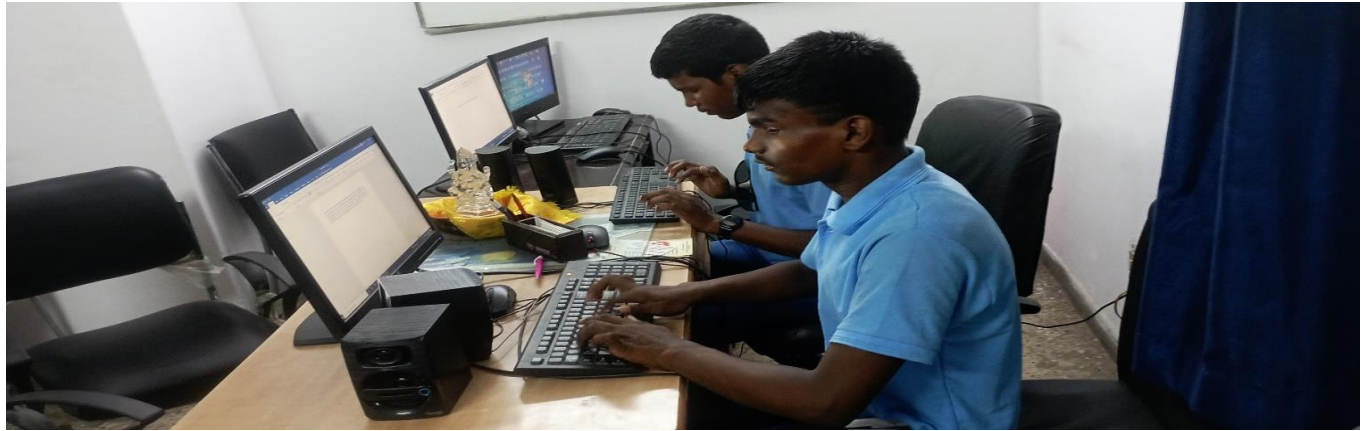
## **QUARTER 2 (July 2023 – September 2023)**

Our organization organized an event for the students in which we distribute eatables to the students of our center. It depicts that the students were enthusiastic and it promotes their growth.

Humanity Foundation organized a computer training program for the divyang students in which they learn about basic computer skills like typing and Microsoft Office etc. The students upskill themselves by learning these skills and get placed in a prestigious company.

Humanity Foundation organized a medical camp at a slum area near East of Kailash. The team of volunteer and Gynecologist visited the slum area and aware the adolescent girls about the menstrual cycle and how it affects the human body. Lack of Menstrual Hygiene management is a major problem for majority of the girls skipping schools during their periods and eventually dropping out at an early age and missing out on their education. Students and adolescents (especially girls) feel shy to share their problem from their families. Gynecologist understands the problem of the students and encourage them to ask their problems. Gynecologist addressed the queries of the adolescent's girls.





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### **QUARTER 3 (October 2023 – December 2023)**

Our organization organized a mental awareness camp for the young children in a nearby slum area in East of Kailash. The team of volunteer aware the students about the mental health. Students learned some technique like breathing exercise and about meditation etc. These techniques boost the concentration and immunity level.

Humanity Foundation distributed eatable items to the students of our center. The students were enthusiastic and happy after receiving the eatable items.

The students of MSW and Professor from Don Bosco Arts and Science College, Angadikadavu post Irity, Kannur District Kerala had an orientation visit to Humanity Foundation. Our president briefed about Humanity Foundation and various achievement of our organization. The students from Kerala University will support through online platform like Zoom and Google Meet to the divyang students of our organization and help them to up skill.

Two professor and group of 30 students from Alagappa University Tamil Nadu had orientation visit at Humanity Foundation. The president briefed about various activities and achievement of Humanity Foundation. The student from Alagappa University will support our divyang students through online platform like Google meet and zoom etc.

Our organization organized a health camp at slum area in Bindhusaar Camp at East of Kailash near C block Market. We distribute sanitary pads to the adolescent girls and ladies. Volunteer and Dietitian aware about the use of sanitary pads and also aware not to feel shy by sharing your problem.











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#### **Quarter 4 (January 2024 – March 2024)**

Our organization Humanity Foundation organized a health camp in slum area nearby East of Kailash. Doctor from AIIMS and medical staff had diagnosed the patients and medicine were prescribed by the doctor. Medical staff checked the blood pressure and weight of all the patients. Dietician checked the blood sugar level of people above age of 40. Around 50 patients were benefited through the medical camp.

Humanity Foundation served a meal to the divyang students at our center.

Humanity Foundation organized a medical camp with the collaboration with MASSH Hospital at our center. No registration fee was charged. Medical Staff and team of Doctor visited our center and checked blood pressure and weight. Dietician checked blood sugar level of the patients and made a diet chart. Some patients were referred to MASSH for free ultrasound checkup at the hospital. Around 45 patients were benefited from this medical camp.





## Humanity Foundation ( Regd.) Free Medical Camp Date -

Following Facilities are available

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|------------------------|---------------------------|
| 1 Diet Consultancy     | 2 Measurement of weight   |
| 3 Blood Sugar check up | 4 Blood Pressure check up |
| 5 Acupressure          |                           |

Please Contact

Dt. Lalita Gupta - Nutritionist and Dietitian

Mob- 9213897004, 7827663622

Office Address 11 A, Ground Floor, Amritpuri (jaagi wali gali)  
New Delhi 110065

[www.humanity-foundation.org](http://www.humanity-foundation.org)





